

# A community in action

Summer. A time for friends, family, vacations, staycations - and with a little luck some fun and laughs outdoors enjoying the sun at the beach, family cottage or even the ball field!

One of the highlights for many ball fans this summer has been Canada's baseball team, the Toronto Blue Jays. The Jays have had the longest playoff drought in Major League Baseball since they last won the World Series in 1993. It's shaping up for an exciting September (and hopefully October/November). Go Jays Go!!!

Speaking of baseball, The Excalibur Insurance Group was proud to sponsor the Jesse Barfield Baseball Camp that was held during the month of July in Clinton. This camp is dedicated to helping youth improve all aspects of their game and would not be possible if it weren't for the hard work of our local MP Ben Lobb and the Clinton Minor Baseball League.

On the topic of youth, here are few other organizations and people we are proud to support financially:

- · St. Anne's Catholic High School's new sports and fitness room.
- AAA Lakers hockey players Corey Jewitt & Talbot Geiger
  - Wave Hockey players Allison Colguhoun and Kennedy Caldwell.
  - · Team Canada's Dawson
  - Handy competing in the World Hip Hop Championships in Italy this fall.
  - Team Doig Curling, Clinton
  - Radars, Mitchell Hawks & Exeter Hawks

## Excalibur Pride

We are pleased to announce that our Mitchell office has a new social media/Marketing Assistant - Sydney Wettlaufer. Sydney will be putting her talent and skills to use on the Excalibur blogs, while getting a joint Bachelor of Applied Arts in Media Studies and a College Diploma in Media Communications at University of Guelp



We are also extremely proud to have two of our Account Manager's complete two very distinguished insurance degrees. Andrea Vanderloo in our Clinton Office completed her Canadian Accredited Insurance Brokers Course in May and will receive her CAIB Degree from the Insurance Brokers Association of Ontario this fall. As well, Veronica Anderson in our Mitchell office completed her 10th **Canadian Insurance Professionals** course this May and will receive her



CIP degree from the Insurance Institute of Canada this fall.

Both of these awesome ladies are an example of going above and beyond to improve their ability to excel at what they do.





Andrea

Vernonica

#### **Back to School MoJo**

"Education is the most powerful weapon we can use to change the world."

- Nelson Mandela

For all parents and grandparents with kids and grandkids going to school this fall, we wish your children and grandchildren a great year of learning and growing!

Also, when the costs of education - from school supplies, tuition, class trips and courses - seem almost too much to bear – keep it all in perspective by telling yourself the following...

## "If you think education is expensive, try ignorance"

Have a great fall and don't forget to enter our London Knights draw for 4 tickets to the Home opener!



CEO, Excalibur Insurance Group



# Once more unto the breach!

Tips for surviving the back to school craziness.

It's that time of year again, when calm quiet summer is replaced with the hustle and bustle of "back to school". It can be as difficult for us parents as it is for the kids. Try these tips to help make the adjustment.

Ensure that everyone is on a schedule prior to the school year so it is easier to get back into things once school starts.

Make time for breakfast in the morning this will allow you to have more energy for the day.

Choose your extracurricular activities carefully and be sure to have fun, arrange some time for yourself and get some quality sleep.

#### AND SOMETHING JUST FOR THE COLLEGE STUDENTS:

- Go to all orientations
- Get to know your roommate and others in your residence
- Get Organized
- Find the ideal place for you to study

ANXIETY

AT WORK

common. It can have a major impact on

our everyday tasks. Meeting deadlines, contributing in meetings and simply interacting with coworkers can be real

issues for some. In many cases it can

Anxiety can look different for everyone and could have symptoms ranging from

obsessive thoughts, fatigue, extreme

feelings of fear and panic, headaches,

lead to actually missing work.

Anxiety in the work place is all too

- Go to class

difficulty speaking and nausea. When anxiety starts to rear its ugly head, try some of these tips:

#### Move around:

Moving around can have a calming effect.

#### **Break-up large tasks:**

Smaller tasks, or steps in a larger task, can be easier to manage.

#### Reassure yourself:

When you start to feel anxious focus on how it passed last time, an know you're going to be ok.



Many things will make the journey form home to school; furniture, books, clothes, even passed-down dishes. But one things that doesn't is tenants insurance. You're going to want that.

Living in residence? Renting a home or room, It's very likely that your school or landlords insurance policies will not cover your things. Even living with roommates, if the policy is there's you're left out in the cold. Think about it.

#### Talk with someone:

talk to a friend, sometimes that's all it takes. If it's out of hand, contact a professional, there's always help.



#### Kerri Tadeu and Brad Piper







## THINK BIRD FLU HAS FLOWN THE COOP? MAYBE NOT.



#### Excalibur Offers Ontario Poultry Farmers Protection Against Avian Flu.

Many of our Chicken producing Farm insurance clients have expressed concern their farm policies do not contain protection for any losses due to Poultry Diseases such as the Avian Flu. With over 1100 family farms across Ontario producing 210 million chickens per year with a value of \$770 million there is real risk of financial loss to chicken farmers in Ontario.

After years of searching Excalibur Insurance group now has access to an exclusive Ontario broiler protection program through North Waterloo Farmers Mutual. This program is specially designed to protect against potential lost income associated with diseases like the Avian Flu. This policy includes coverage extensions for Avian Influenza, Salmonella Enteritides, ILT (Avian Infectious Laryngotracheitis) and Newcastle, along with \$100,000 coverage for clean up and disinfection of the barn.

Excalibur feels with so much financial risk to your chicken farm this coverage should be part of all producer's risk management program.

The insurance policy is three-part coverage that provides protection for the flock that is in the barn at the time of the outbreak, to clean and disinfect the barn, and future loss of income.

To get the latest on the Avian Bird Flu news visit our blog at: <u>www.eigroup.ca/blog/</u>

Whether your kids have their own car or borrow the family car to get to school, here a few things you should do.

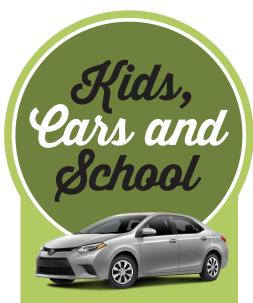
#### Let Your Insurance Company Know

Risk of accidents or injury can increase pending the distance to school.

**Don't Lend Out Your Car** If there's an accident and you are not driving, you foot the bill.

**Keep A Clean Driving Record** A clean driving record means better rates.

Ask About Discounts Good marks can also mean better rates.



Whether your kids have their own car or borrow the family car to get to school, here a few things you should do.

### Kids driving to school? Keep this in mind:

Arrive Early Avoid parking lot rush hour.

**Park with lots of space** more room = less dings and danger.

Watch For Other Students Watch out for Walking-talking-texters. They won't be watching for you.

**Hide Your Valuables** If you love it, don't leave it behind. Someone else might love it too.

#### Go Slow

Something will sneak out from the one place you're not looking, so be careful.





Paul Wettlaufer & Bill Hunter travel to Toronto to accept Ontario Fire Safety Award recognizing Perth-Huron **Insurance Brokers** 



Congrats to our June Mystery Prize Winner Shelby Frankow!



Excalibur Insurance Group was proud to donate \$500 to Dawson Handy, who is heading to Italy this fall to compete in the World Hip Hop Championships.



# Refer a Friend get a Tims card

SUPER

A referral is the highest form of compliment you can give to someone. It means you trust us enough to impress a colleague or friend. It signifies that, in some small way, we made your day!

# To make a referral have your friends, family, and co-workers do one of the following:

Call Us: 1 (800) 361 1072 Email Us: clinton@eigroup.ca OR Fill out the form online at eigroup.ca/refer-a-friend For every Referral you send us we'll give you a FREE Large New Orleans Pizza or a Tim Horton's Gift Card.

im Horton





Everyone who sends in a referral is entered into a draw for a chance to win our mystery prize! Last month's winner took home a \$100 grocery gift card.



Published 4 Times Per Year MORE NEWS! BETTER STORIES! NEXT ISSUE: Dec. 2015





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